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Hunger Action Month (HAM) is a nationwide initiative dedicated to raising awareness & taking collective steps towards ending hunger. Your voice, actions, & commitment will help ensure our community has the food needed to thrive.

					<p>Scan QR code & take action!</p> 	<p>Share this calendar with friends & family.</p> 	<p>Set up a jar to collect spare change. Donate it at the end of the month.</p> 
<p>Advocate & tell lawmakers to pass the strongest 2023 Farm Bill to help end hunger at bit.ly/23FarmBill.</p>	<p>Buy tickets to Stanford vs. Arizona on 9/23. \$5 of ticket purchase will be donated.</p> 	<p>VOLUN-TUESDAY. Sign up for a volunteer shift every Tuesday this month at refb.org/volunteer.</p>	<p>Avid Coffee is matching in-store donations up to \$1,000 all month long!</p> 	<p>Come to our headquarters at 3990 Brickway Blvd. & grab a HAM Toolkit—you'll also get a HAM button!</p>	<p>Follow us on social: @redwoodempire foodbank</p> 	<p>Join us at the Windsor Chili Cook-off! Bring canned chili to donate.</p> 	
<p>Host a virtual Food & Funds Drive. Learn more at refb.org.</p> 	<p>Monday Match. See if your employer will match donations! Get the whole office to give.</p>	<p>SNAP Challenge. Can you survive on \$9 a day? That is the maximum SNAP benefit for an individual.</p>	<p>Make a donation! For every \$1 received we are able to provide \$3 worth of food.</p>	<p>Join the Volunteer Facebook Group & introduce yourself.</p> 	<p>Wear Orange for Hunger Action Day!</p> 	<p>Host a Ding-Dong Donate! Print flyers at refb.org & canvas your neighborhood for food.</p> 	
<p>Spread awareness about food insecurity. 1 in 6 people in Sonoma County face hunger.</p> 	<p>Oliver's Real Food. Real People.® Get Oliver's Community Card. 3% of purchases will be donated.</p>	<p>Dine & Donate! The Bird in Santa Rosa will donate 15% of food sales from the entire day!</p>	<p>Dine & Donate! Mary's Pizza will donate a portion of sales to help end hunger today.</p>	<p>Leave your legacy. Set up a Legacy Gift at refb.org/ways-to-give.</p> 	<p>Take action. Write to your local officials & urge them to support hunger relief programs.</p> 	<p>It's the first day of fall! Host a canned soup drive.</p> 	
<p>Spread Kindness. Buy an extra jar of peanut butter at the grocery store to donate.</p> 	<p>Host a \$5 donation drive. \$5 = \$15 worth of groceries.</p> 	<p>Deliver an end to hunger! If you see our delivery vehicle take a pic & share it on social.</p>	<p>Chick-fil-A Rohnert Park Food & Funds Drive. Donate & receive a special perk!</p>	<p>Join our newsletter at refb.org/signup.</p> 	<p>Full Plate Friday. Become a monthly donor. When you do, you'll become a full plate partner.</p> 	<p>Continue fighting hunger all year long! Donate time, money, or food at refb.org/ways-to-give.</p>	