## redwood empire **SPREAD THE LOVE**

Fill a bag!

IELP SPREAD THE LOVE THIS FEBRUARY DONATING PEANUT BUTTER TO THE **REDWOOD EMPIRE FOOD BANK.** 

Your Ding-Dong Donor is \_\_\_\_\_

Please contact me at with any questions.

## WHY PEANUT BUTTER?

Because of its nutritional value, long shelf life, and widespread popularity, peanut butter is one of our most needed items.



## **INSTRUCTIONS:**

- 1. Next time you're at the grocery store, pick up a jar or two of peanut butter (or donate an unopened one from your cupboard). Other non-perishable items welcome!
- 2. Place your peanut butter in a bag near your front door. We'll pick it up on
- 3. Feel great about providing food to your neighbors in need!
- 4. Tag @redwoodempirefoodbank on social media to spread the news.

For further questions, please call 707-523-7900 or email cgonce@refb.org