redwood empire **SPREAD THE LOVE**

Fill a bag!

IELP SPREAD THE LOVE THIS FEBRUARY DONATING PEANUT BUTTER TO THE **REDWOOD EMPIRE FOOD BANK.**

Your Ding-Dong Donor is _____

Please contact me at with any questions.

WHY PEANUT BUTTER?

Because of its nutritional value, long shelf life, and widespread popularity, peanut butter is one of our most needed items.



INSTRUCTIONS:

- 1. Next time you're at the grocery store, pick up a jar or two of peanut butter (or donate an unopened one from your cupboard). Other non-perishable items welcome!
- 2. Place your peanut butter in a bag near your front door. We'll pick it up on
- 3. Feel great about providing food to your neighbors in need!
- 4. Tag @redwoodempirefoodbank on social media to spread the news.

For further questions, please call 707-523-7900 or email cgonce@refb.org