

TRICK OR TREAT, WHAT'S TO EAT?

Fill a bag!

HELP THE REDWOOD EMPIRE FOOD BANK SCARE AWAY HUNGER BY DONATING NON-PERISHABLE FOOD ITEMS FOR YOUR NEIGHBORS IN NEED.

Your Trick or Treat, What's to Eat donor is _____.

Please contact me at _____ with questions.

MOST NEEDED ITEMS:

- Canned Tuna
- Canned Chicken
- Peanut Butter
- Rice + Pasta
- Oats
- Dry Beans
- Low Sugar Cereal



INSTRUCTIONS:

1. Fill a bag with non-perishable food (please no glass).
2. To practice social distancing, place a bag outside your front door. We will be back to pick it up on _____.
3. Feel great for providing food to your neighbors in need!
4. Tag @redwoodempirefoodbank on social media to spread the news. Thank you!