

PROJECT PASTA

Fill a bag!

HELP SCARE AWAY HUNGER THIS OCTOBER BY DONATING PASTA TO THE REDWOOD EMPIRE FOOD BANK.

Your donations will	be collected by	•
Please contact me at		with any questions.

WHY PASTA?

Pasta is a versatile and nutrientrich food, providing energy and essential vitamins and minerals. Its long shelf life and ease of preparation make it a much desired staple at our food bank.



INSTRUCTIONS:

- 1. Next time you're at the grocery store, pick up a box or two of pasta (or donate an unopened one from your cupboard). Other non-perishable items welcome!
- 2. Place pasta in a bag near your front door. We'll pick it up on

Thank you for helping us End Hunger in Our Community.

Unable to donate pasta but still want to help? Scan QR code to donate funds. For every \$1 donation, we're able to distribute \$3 worth of groceries to our neighbors in need.

