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FOR IMMEDIATE RELEASE

Letter carriers collecting food for families in need!

SANTA ROSA, CA (May 1, 2023) – The National Association of Letter Carriers (NALC) will conduct its annual food drive on Saturday, May 13. NALC’s food drive, first held in 1993, helps feed families facing food insecurity.

Hunger affects 1 in 6 residents in Sonoma County, including children and seniors. The one-day Stamp Out Hunger Food Drive provides residents with an easy way to donate food to those in need.

Customers simply leave their donation of non-perishable food items next to their mailbox on Saturday, May 13. Letter carriers will collect these food donations on that day as they deliver mail along their postal routes, and then bring them to the Redwood Empire Food Bank.

The timing is important, with food banks, pantries, and shelters running low on donations from the winter holidays and with summer approaching, when most school meal programs are suspended.

On May 13, as they deliver mail, the letter carriers will collect the donations that residents have left near their mailboxes. People are encouraged to leave a sturdy bag (or bags) containing non-perishable foods, such as canned tuna, canned chicken, peanut butter, rice, pasta, oats, dry beans, or low sugar cereal next to their mailbox before the regular mail delivery on Saturday. The food donations stay in the community, going to help local residents.

People who have questions about the drive in their area should ask their letter carrier, contact their local post office, or go to nalc.org/food-drive, facebook.com/StampOutHunger or twitter.com/StampOutHunger.

About the Redwood Empire Food Bank

The Redwood Empire Food Bank is the largest hunger-relief organization serving Northern California. Since 1987, the Redwood Empire Food Bank has provided food and nourishment to those facing hunger—serving more than 100,000 children, families, and 3990 Brickway Blvd., Santa Rosa, CA 95403 | T: 707-523-7900 | F: 707-523-7901 | refb.org

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seniors in Sonoma, Lake, Mendocino, Humboldt, and Del Norte Counties. With over 350 direct service distributions and 150 partnerships with local human service organizations, all residents facing food insecurity have regular access to weekly and monthly food distribution sites across the five counties.

Visit refb.org or call 707-523-7900 to learn more.

More about the Stamp Out Hunger Food Drive

NALC's Stamp Out Hunger Food Drive was first held in 1983 to help feed millions of Americans. Today, 10,000 cities and towns in all 50 states, the District of Columbia, Puerto Rico, the Virgin Islands and Guam participate. It is the country's largest one-day food drive, providing residents with an easy way to donate food to those in need. In the 30 years since it began, the food drive has collected about 1.82 billion pounds of food for struggling residents.