

MON.

TUE.

Join our newsletter

at refb.org/signup.

## **HUNGER ACTION MONTH** SEPTEMBER 2024

30 ways to fight hunger in 30 days!

FRI.

● 142 ● 37 📤 27

Follow us on social:

@redwoodempire

foodbank

Volunteer & log Set up a iar to **Avid Coffee** VOLUN-Go to refb.org TODAY Become a vour hours with collect spare is matching TUESDAY. Safeway's monthly donor. for a special way to change. in-store **Nourishing** Sign up for a When you do, Donate it at donations up Share this calendar take action—courtesv Neighbors for a volunteer shift at vou'll become a the end of the with friends & to \$500 all chance to win of G&C Auto Body refb.org/volunteer Full Plate Partner. month. month long! family. prizes! Join us at Trivia 14 Monday Match. 11 Join the 12 Sip & Shop! Join our Second Host a virtual Night from 5-See if your Volunteer Helping Society. **Treasure House** Food & Funds 7pm at Fogbelt Set up a Legacy employer will Facebook will donate 20% Drive. Learn more Station, 15% of match donations! Group & http:// at refb.org. Gift at of sales today introduce food/drink sales Get the whole refb.org/legacy. donate time, money, or food! from 3-6:30pm. will be donated! office to give. vourself. 18 Spread 20 SNAP Challenge. 16 Olivers\_ Do you remember the 21 17 VOLUN-Venmo us \$5! Can you survive awareness about Host a Ding-Dong 21st night of September? TUESDAY. food insecurity. 1 Donate! Print flyers on \$9 a day? That Get an Oliver's Donate \$7 and we'll turn Sign up for a in 6 people in & canvas your is the maximum Community Card. it into \$21 to feed our volunteer shift at neighbors in need! neighborhood for Sonoma County SNAP benefit for 3% of purchases refb.org/volunteer face hunger. food. an individual. will be donated.

Dine & Donate! 25

Kitchen & Cocktails

will donate 15% of

**Barrel Brothers** 

all sales!

WED.

THU.

Take action.

Write to vour local officials & urge them to support hunger relief programs.

HAM for HAM!

Donate your pig.

chicken, or steer

through our Range

to Table program.

SUN.

Continue fighting hunger all year long! Learn how at refb.org/waysto-give.

Dine & Donate!

donate 20% of

Pizza will

vour order!

Mountain Mike's

30

Hunger Action Month is a nationwide initiative dedicated to raising awareness & taking collective steps towards ending hunger. Your voice, actions, & commitment will help ensure our community has the food needed to thrive.

Register for our

Car Show! Today's

the last day to get

the early discount.

refb.org/hot-rods

Learn more:

26

Scan QR code & TAKE **ACTION!** 

Host a \$5

donation

groceries.

drive. \$5 =

\$15 worth of



28

SAT.

23