EMPATHY: The year “They” became “Us”

As the world continues to grapple with a pandemic and its associated uncertainty, many of us have taken this opportunity to embrace a stronger focus on empathy for people who are struggling.

In fact, I now think of this time as when “They” became “Us”. Everybody either has been or knows somebody who has been impacted.

Every single day, I meet people who have done “all of the right things”—went to school, got a job, and worked hard. Yet they still find themselves in need. Hungry people are individuals just like us, but are facing infinite and unforeseen circumstances beyond their control.

You’ll see in our numbers for the year that your support for the Redwood Empire Food Bank, the empathy you have for those around you, has continued to repair, fortify, and broaden our community’s safety net. I hope that you will take pride in what we accomplished, together.

Sincerely,

David Goodman
Hunger Relief Worker and CEO
Redwood Empire Food Bank
What we do is simple, but how we do it is surprisingly complicated. Here’s who got us through 2021:

• 113 farms, food manufacturers, and suppliers donated enough food for 5,465,727 meals, while individual food donors provided enough food for 307,462 meals.

• 13,783 individual donors along with 710 corporate, foundation, and organization donors contributed the funds required to feed our neighbors in need.

• 82 hard-working staff members with the help of more than 10,000 dedicated volunteers sorted, gleaned, organized, and distributed fresh produce, healthy groceries, and staple pantry items in the community.

• 150 partner organizations helped distribute enough food for 4,522,930 meals at additional locations in the counties we serve.

Every Child, Every Day
Four robust programs ensured a healthy start in life for our littlest neighbors in need, providing food to 54,126 at-risk children.

Senior Security
Our Senior Basket program provided food monthly to 5,404 low-income seniors, giving them the nutritional stability and resources they need to lead healthy, independent lives.

Neighborhood Hunger Network
We provided groceries to anyone in need through a variety of programs that improved the health and well-being of 79,303 individuals monthly in our community.

The Redwood Empire Food Bank provided 300 monthly food distributions through three hunger-relief initiatives:

• From January through December, 2021, the Redwood Empire Food Bank distributed over $59 million worth of healthy groceries to residents in Sonoma, Mendocino, Lake, Humboldt, and Del Norte counties, providing enough food for over 24 million meals.
“We are honored to give what we have with those in need. The meaning of food is sharing, and the Redwood Empire Food Bank offers us the opportunity to share what we have. With their partnership, we can work toward a world where no one goes hungry.”

~ Miyoko from Miyoko’s Creamery

“The Redwood Empire Food Bank goes above and beyond to support us in our mission to offer food for both every day and disasters, across Sonoma, Lake, and Mendocino Counties, even outside business hours when it’s crucial.”

~ Frankie Ditlevson from Catholic Charities

“I wanted to do something that was meaningful, that really made a difference in people’s lives. I saw when the pandemic started that seniors were afraid to leave their homes, and I wanted to help them. I needed help before and was able to get back on my feet. I want to help others do the same.”

~ Volunteer at Silvercrest Apartments in Santa Rosa

“We are honored to give what we have with those in need. The meaning of food is sharing, and the Redwood Empire Food Bank offers us the opportunity to share what we have. With their partnership, we can work toward a world where no one goes hungry.”

~ Miyoko from Miyoko’s Creamery

“Thank you Redwood Empire Food Bank. Last night I roasted the chicken and had it with mashed potatoes, carrots, and a raisin salad. It really hit the spot. I now have leftover chicken for sandwiches and soup. You always come through with bountiful and well-organized distributions!”

~ Recipient at our Clearlake distribution site