

## Annual Food & Funds Drive

### - Shopping Guide -

Tuna and canned meats, peanut butter, low sodium soups and stews, whole grain rice, pasta, and oats, dry beans, low sugar cereal, canned fruits and vegetables, low sugar granola bars.

**- NO GLASS PLEASE -**

To donate funds, visit [refb.org](http://refb.org).



(707) 523-7900 | [WWW.REFB.ORG](http://WWW.REFB.ORG)  
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